



DEVELOPMENT INSTRUCTIONS FOR CLASS

Macerate part of base recipe and this will give you another level of scent and you can also naturally colour the base oils. Melt all oils in Bain marie on a low heat for 15 minutes separate out the base recipe into lots 70 % pure and 30% to macerate. I will go through this with you in class. Enjoy

1. Macerate base oil recipe with some of these dried ingredients Black pepper whole, cloves whole , seaweed and dried lavender. Dying waxes and oils naturally with onion skins, beetroot powder, seaweed

Week 1 -scent bank development training
-smelling fresh, dried herbs and spices
-smelling essential oils
-gathering information on recipes

BALMS PREPERATION

Week 2 -scent bank development training
-recipie development for balms
-gathering what we have brought to class and using these dried fresh ingredients to oils
-macerating soy wax
-macerating coconut oil
-macerating sweet almond oil

Week 3 -scent bank development training
-mix all the ingredients together
-recipie development for balms
-prep for week 8

SOAP PREPERATION

Week 4 -scent bank development training
-recipie development for soap
-gathering what we have brought to class and using these dried fresh ingredients to oils
-macerating soap base
-dying soap base

Week 5 -scent bank development training
-mix all the ingredients together
-recipie development for soap
-prep for week 8

CANDLE PREPARATION

Week 6 -scent bank development training
-recipie development for candles
-gathering what we have brought to class and using these dried fresh ingredients to oils
-macerating candle soy wax
-dying candle soy wax

Week 7 -scent bank development training
-mix all the ingredients together
-recipie development for candles
-prep for week 8

MAKING

Week 8 -using what we have learned through the 7 weeks
-make balms and candles

SOAP, CANDLE & BALM MAKING 7.00-8.45 €135

In this 8-week course, students can look forward to making soaps, candles and body balms. Fun and easy to make with no specialist equipment needed, as well as being completely natural, with no additives or synthetic chemicals. All the ingredients are vegan friendly and not tested on animals. We will also start to develop your own scent bank with ethically sourced essential oils while also using foraged ingredients.

Materials included in course fee, although students will be invited to add their own foraged ingredients

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Luxurious Handmade Bathing & Shaving Range. We Pride Ourselves On Harnessing The Best Of Local Irish
Ingredients Ethically Sourced. Made With Heritage In Ireland