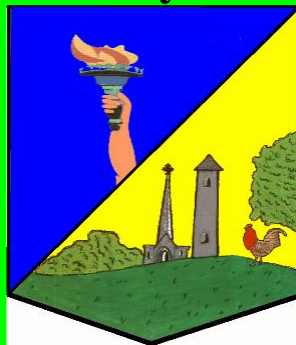


ADULT & COMMUNITY EDUCATION PROGRAMME

January 2021

NO ADMIN
FEE on card
payments this
January term!



Now
Offering
QQI Level 5
& 6 Courses

THE DONAHIES

COMMUNITY SCHOOL
STREAMVILLE ROAD, DUBLIN 13



Accepting online registration and card payments with Easy Payments Plus through our website www.donahiesadulthood.ie or by phone on (01) 8482217
NO WALK IN ENROLMENTS

CLASSES STARTING FROM LATE JANUARY / EARLY FEBRUARY

Contact us: www.donahiesadulthood.ie

E-mail: donahiesadulthood@gmail.com Telephone : 01-8482217

Join us on Facebook & Twitter:   Donahies CS Adult Education
 Instagram @donahiesadulthood

**Bus routes serving our school: 27A, 29A, 27 and 17A.
DART to Raheny or Howth Junction**

*Suggestions for new classes and new tutors are always welcome or contact us if you wish to enquire about using our facilities – groups/organisations/societies/choirs
All Welcome.*

CODE	COURSE	TIME	FEE
QQI LEVEL 5 & 6 MINOR AWARDS IN CONJUNCTION WITH THE COLLEGE OF PROGRESSIVE EDUCATION			

CPE1	ONLINE SPECIAL NEEDS ASSISTING LEVEL 5 (5N1786)	7.00 -9.30	€325
-------------	--	-------------------	-------------

For course information please visit : - www.progressivecollege.ie
info@progressivecollege.ie
 (01) 4884300

To book please contact Donahies Adult Ed.

12-week course, Monday evenings. Minimum age is 17 Years for QQI Courses.

Begins Monday 1st February

Laptop/tablet/PC, webcam, microphone, good internet access, computer skills required for these courses.

CPE2	ONLINE SPECIAL NEEDS ASSISTING LEVEL 6 (6N1957)	7.00 -9.30	€325
-------------	--	-------------------	-------------

For course information please contact:- www.progressivecollege.ie
info@progressivecollege.ie
 (01) 4884300

To book please contact Donahies Adult Ed.

Begins Tuesday 16th February

10-week course, Tuesday evenings. Minimum age is 17 Years for QQI Courses.

Laptop/tablet/PC, webcam, microphone, good internet access, computer skills required for these courses.

ONLINE SPANISH COURSES

CODE	COURSE	TIME	FEE
<i>Laptop/tablet/PC, webcam, microphone, good internet access, computer skills required for these courses.</i>			

T1	ONLINE SPANISH – Absolute <i>Beginner</i>	7.15-8.45pm	€80
-----------	--	--------------------	------------

Looking to explore Spanish language and culture? Like to learn to communicate in basic Spanish? This is the course for you! Embark on our journey of discovery and fun with *native* Spanish speaker, Maria Soler, at the helm!

9 week course, starting Tuesday 9th February

W1	ONLINE SPANISH – <i>Beginners Continuation</i>	7.15-8.45pm	€80
-----------	---	--------------------	------------

If you would like to brush up on your Spanish, improve your basic knowledge and learn more about Spanish culture, with a native speaker, this is the course for you! Come and join us for a fun night of learning. Suitable for those who have completed one term of beginner Spanish.

9 week course, starting Wednesday 3rd February

TH1	ONLINE SPANISH – <i>Improver</i>	7.15-8.45pm	€90
------------	---	--------------------	------------

Looking to improve your Spanish? Come and join us for a fun night of learning. Suitable for those with a good command of vocabulary and present tense. Introduction to past and future tenses.

9 week course, starting 4th February

Maria Asensio Soler

IMPORTANT: PLEASE NOTE FOR ONLINE COURSES STUDENTS SHOULD ENROL 2 WORKING DAYS BEFORE COURSE BEGINS AS SCHOOL EMAIL ADDRESSES NEED TO BE SET UP. WE CANNOT GUARANTEE THAT ENROLEMENTS MADE ON COURSE START DATE WILL BE ABLE TO JOIN CLASS 1

SEWING CLASSES

CODE	COURSE	TIME	FEE
------	--------	------	-----

	SEWING FOR ALL SKILL LEVELS		€110
--	-----------------------------	--	------

A fun, creative and practical course suitable for all skill levels. Learn the basics or improve your existing skills for dress-making, soft furnishings, curtains, festive decorations, handbag making, gifts and crafts. *10 week course*

Mary Coonan

Join us:-

Tuesday, Wednesday, Thursday and Friday evenings 7.15-9.15pm

Wednesday afternoons 2.00-4.00pm

Saturday 9.30am-11.30am and 2.00-4.00pm

Please contact us at donahiesadulted@gmail.com or (01) 8482217 if you are interested in sewing classes. New term to start late January/early February, subject to change.

ONLINE ENERGY & VITALITY IN MOVEMENT

CODE	COURSE	TIME	FEE
------	--------	------	-----

Aches & pains? Stiff joints? Bad circulation? Have your body work for you, not against you! Learn a whole-body routine for releasing tension & increasing body flow. Gentle but powerful exercises to keep your body healthy, flexible & energised. Includes elements of Tai Chi & Qi Gong.

Ben Somers

Please email ben@consciousmartialarts.ie if you are interested in joining or wish to find out more information.

ONLINE PILATES CLASSES

CODE	COURSE	TIME	FEE
------	--------	------	-----

Jonathan Walsh

Please email jonathan@thepeakwellnessstudio.com if you are interested in joining or wish to find out more information.

We hope to resume to a full schedule for September 2021 term when we will see the return of many favourites.

In the meantime, students can keep updated through our website www.donahiesadulted.ie and our Facebook page Donahies CS Adult Education.

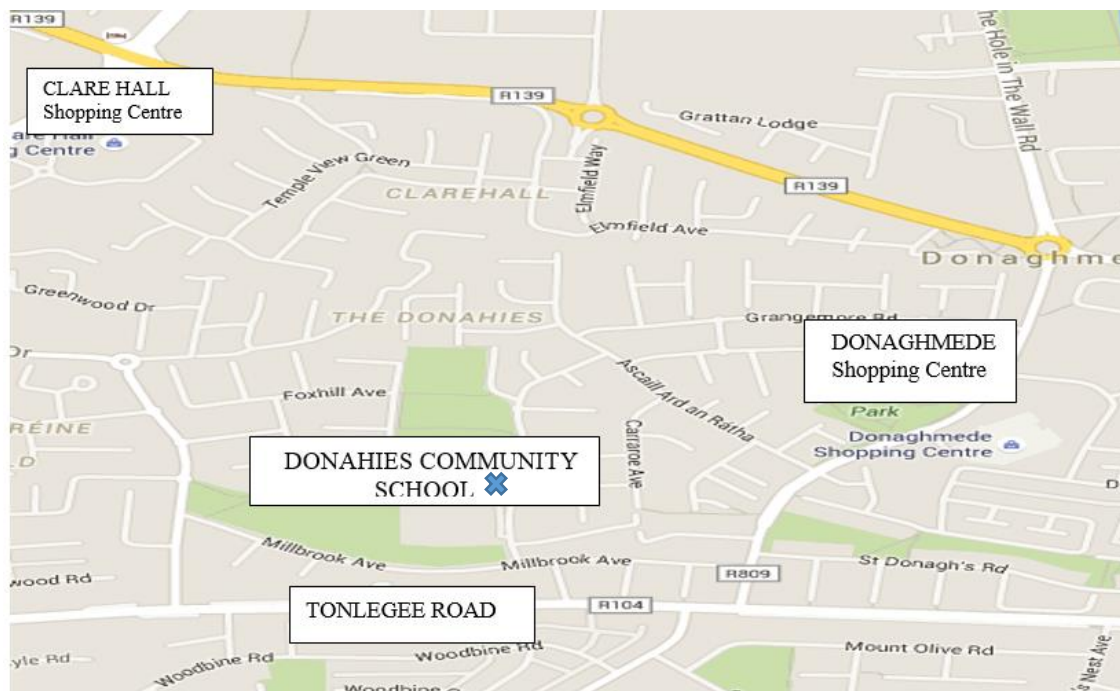
We would like to take this opportunity to thank our students and tutors for their ongoing support and cooperation during these strange times, it has been greatly appreciated.

We would like to wish you all a very Happy Christmas and a safe passage into the New Year!

Stay well & take care!



We are here: D13 YN17



**** LINKS WITH OUR COMMUNITY ****

- | | |
|--|--|
| Counselling/Psychotherapy for Adults | <i>Rosemarie 086 0382589</i>
<i>e-mail: roma6191@gmail.com</i> |
| Donahies Residents Association | <i>thedonahies@gmail.com</i> |
| Dublin All Stars Marching Band | <i>Bairbre 086 2252718</i>
<i>e-mail: bairbre.sweeney@gmail.com</i> |
| Holy Trinity Parish | <i>www.holytrinityparish.ie</i> |
| Mr. Safety - Fire & First Aid Training for families | <i>www.mrsafety.ie</i>
<i>0863088046</i> |
| O'Toole's GAA | <i>www.otoolesgac.ie</i> |
| Polish School | <i>Boleslaw 089 9720658</i>
<i>Agnieska 089 9736295</i> |
| Tai Chi Master Ding Academy Ireland | <i>www.dublin.masterdingacademy.com</i> |
| Trinity Gaels GAA | <i>www.trinitygaels.com</i> |
| Killester Basketball Club | <i>www.killester.com</i>
<i>info@killester.com</i> |

Terms & Conditions

- Formation of classes will depend upon sufficient enrolments for the class. **We will only contact you if your class is not formed.**
- Fees, once paid are strictly **non-refundable**, unless a class is not formed, in which case they will be returned accordingly, after classes commence.
- Unless otherwise stated, course fees cover tuition and use of building only. Examination fees and materials used must be paid for separately.
- Participants **must be over 16 years of age**.
- Always seek medical advice before undertaking any exercise regime.
- Class schedule/finish dates may change due to unforeseen circumstances.
- All course participants attend at their own risk, neither the Minister for Education & Skills nor the Board of Management of the Donahies Community School and their officers accept liability for damage or injury to persons or property, while present in the school or its precincts.
- Clean runners are essential for activities in the gym.
- Smoking is prohibited by law in any part of the school building.
- Day Class participants must use designated adult facilities only.
- Cars parked at owner's risk.
- **All participants are requested to respect disabled and reserved parking spaces.**
- **IMPORTANT: PLEASE NOTE FOR ONLINE COURSES STUDENTS SHOULD ENROL 2 WORKING DAYS BEFORE COURSE BEGINS AS SCHOOL EMAIL ADDRESSES NEED TO BE SET UP. WE CANNOT GUARANTEE THAT ENROLEMENTS MADE ON COURSE START DATE WILL BE ABLE TO JOIN CLASS 1**

COVID Related Regulations:

- **Face covering** required in the school building/class (mask/visor)
- Students are 2 metres apart in classes, however face covering wearing advised
- **Bookings:** all bookings must be made **before entering** the school to start your class. **Phone & online bookings only.** We cannot accept walk in registrations.
- **Health Issue:** anybody with a serious underlying health issue should not attend the school for classes.
- **Symptoms of Covid 19:** any adult student or staff member who is ill or displaying symptoms of Covid-19 **should not attend the school for classes.**
- **Travel Abroad:** Adults should not attend the school for classes for a period of 14 days after travelling abroad.
- **Confirmed Case Contact:** Adults **SHOULD NOT** attend the school for classes if they have been in contact with a person who has been confirmed as having Covid-19. A period of 14 days since being in contact with the confirmed case must have elapsed before re-attending class.
- Students can **enter building no earlier than 5-10 minutes before class**, if you are earlier than this, we request you wait in your car. We are required to reduce time spent in the building.
- Students are required to complete and sign a **self-declaration form** regarding their wellness for each class they attend. These will be available each class from tutor/adult ed office. Students are advised to have their own **pen** to complete this form.
- **No sharing** of equipment allowed and a **physical distance of 2 metres** must be kept at all times from fellow students & tutor.
- Government Guidelines: Classes may have to be postponed or cancelled if the Government so advises in the event of a major resurgence of Covid-19. Blended classes will revert to remote only classes.
- The classrooms will be set out to ensure physical distancing. Tables and chairs should not be moved from their positions. Maintain at all times 2 metres physical distance.
- For online /blended learning classes, email addresses will be shared with tutors /in case of SNA courses College of Progressive Education
- The one-way system in the school does not apply to adult education classes.